# CampConstitutionJournal

Honoring The Past, Teaching The Present, Preparing The Future



## **Bastille Day 2016**

#### THE CONSTITUTION SONG

[with Mickey hand puppet-prop] by Bonnie G. Wilder © 2013 Tune: MICKEY MOUSE CLUB THEME SONG Can you name the highest law in all the U.S. nation?

C-O-N S-T-I TU T-I-O-N! HEY there, HI there, HO there, it's Supreme for you and me.

C-O-N S-T-I TU T-I-O-N!
Constitution... Constitution...
[sway right, sway left]

"We the People" hold your honor high, high, high, high!

[raise arms 4 steps higher with a fermata (hold) on last "high" until Mickey conducts a "stop" by closing his arms.]

Oldest one in all the world. Let's have a celebration!

C-O-N S-T-I TU T-I-O-N!

#### "IF"

If you can talk with crowds and keep your virtue,

Or walk with Kings—nor lose the common touch,

If neither foes nor loving friends can hurt you,

If all men count with you, but none too much;

If you can fill the unforgiving minute With sixty seconds' worth of distance

Yours is the Earth and everything that's in it,

And—which is more—you'll be a Man, my son.

(See "If" Kits on Page 7)



Six years ago when I was appointed the Constitution Week Chair for the Daughters of the American Revolution (DAR) for the State of Maine, my first task was to create child-friendly materials and lessons to teach young children. One day, for some strange reason, that old Mickey Mouse Club Theme Song stuck in my head, and voila! The lightbulb over the head flashed on. I soon realized—with a slight tweaking in the original tune—that even five-year-olds could learn to sing-spell "Constitution" in the repeated refrain. In writing parodies, I had taught my students to write the original words phrase-byphrase with a space in between each line. Underline any of the original words you could possibly use in your parody, and insert new word-ideas to fit the rhythm of the melody. The final result of this parody is fun to do with all ages, especially if you have a Mickey Mouse puppet leading the performance. (Continued on page 2)

#### **Constitution Song (Continued from page 1)**

You never know how long he'll stretch his arms wide open on that last "high"—holding out your voices until his sudden unison cut-off. I ask the singers to find four FACTS about the Constitution in the song, in addition to the spelling. The rest of the lesson includes the "reading" the picture book "We the Kids," by David Catrow. This book features the entire Preamble text, colorfully illustrated with a kids' camping trip setting. Included are simple explanations of the "big words for little people" which assists the teacher who "talks through" the book, while she also asks the children to explain how the pictures match the meaning of the Preamble words. Also, I make four printed charts of the words and a large stretched-out, laminated copy of just the word "CONSTITUTION". Mickey moves behind the sign holders, which they hold up when their chart matches the lyrics. Mickey leads everyone to sway two times on the fifth phrase down. I am pleased to give permission to anyone who wants to use this song, though I do request two things: 1. please include my name and "used with permission of the lyricist," and 2. kindly snail-mail me a postcard from your "neck of the woods" to

tell me who, where, and when you used the song. (It's just fun to see how the song travels around, filling the pages in my Constitution Week Scrapbook.) Bonnie Wilder summers in Wayne, Maine (115 Pocasset Ridge Rd, 04284) and winters in Beverly Hills FL (34465, 3614 N. Laurelwood Loop). She taught music in the Chelmsford, MA public schools for 30 years before she retired in 2004. "Joining the DAR was the BEST organization for me, because it utilizes all the music, history, and patriotic skills honed during my career, whether I am volunteering with adults or kids." Mrs. Wilder's position for Maine DAR now is the Educational Resource [ER] Chair, recently created by the National Society of the DAR to assist teachers and youth leaders with an additional link to the public site dar.org. When this is up and running, anyone will be able to use lessons submitted by and for teachers, which will feature American history, civics and patriotism, in addition to materials for September 17-23 Constitution Week. Email Mrs.Wilder at bwilder2012@gmail.com, if you have questions, ideas, or lessons to share. Help spread the word! HUZZAH!!!

## KNOW THE DIFFERENCE (by Campbell Egan)

**Misinformation** -- False or inaccurate information, especially that which is deliberately intended to deceive.

(Editor's note: There may have been a typo. Suggest that it is not "deliberately intended"; and that it is unintentionally false.)

**Disinformation** -- Fake information that is intended to mislead, especially propaganda issued by a government organization to a rival power or the media. (Ed: "Fake" = false)

Categorical Truth -- The whole, raw, unaltered truth.

**Truth Suppression** -- Keeping the facts from the public, making things mucky and unclear.

Conspiracy Theory -- Two or more people getting together and creating a plan to do something evil. (Ed: If the "getting together ... creating a plan" in fact happened, then it would be an actual conspiracy, not just a theory.)

**Propaganda** -- Information, especially of a biased or misleading nature, used to promote or publicize a particular political cause or point of view.



**Peik Girls give lessons on tending to a horse.** See Today's Activities on Page 7

Happy Belated Birthday
Gabe Kalis
13 years old.
(not too late for punchies)

### Dr. Long Rifle & Gun Training

(by Zac Mercauto)

Dr. Eugene Long, M.D. rifle & gun training was exhilarating! I was blown away about the amount he knows about guns. The many things I learned in this program was that I have to be VERY careful with rifles and guns. If I'm not, there could be situations I run across I'm not prepared for and people could be hurt. Dr. Long really made sure we are safe.

In all the time I've known Dr. Long, I never realized what an excellent teacher he is and I'm so thankful he is here at Camp Constitution!

I also just want to say I need to start an "If" kit, like Dr. Long suggested today!

## **A Christian Perspective on Race**

(by Mr. Earl C. Wallace)

When I became a Christian, and entered into the renewed mind experience of Romans 12:1-2, I see myself as 1) A Christian, 2) named Earl, 3) who is a Constitutional American who believes in The Biblical Basis of the US Bill of Rights, 4) who happens to be black. Many people hear me say this and respond, "I'm not there yet." The challenge for all of us is that if we read the Bible as anything other than a sinner-man/woman, we are going to miss something Jesus has for our discipleship.

If we read the Bible as a black or white, or any type of ethnicity, or as a feminist, or a pursuer or advocate of social justice or any other cause, we are going to miss something Christ has for us. This is because we will be reading the Bible through a paradigm that we literally are putting before Christ, whom we say we love the most. Matthew 22:36-40 states: "36"... the great commandment in the Law [is] 37 "You shall love the Lord your God with all your heart and with all your soul and with all your mind. 38This is the great and first commandment. 39And a second is like it: You shall love your neighbor as yourself. 40On these two commandments depend all the Law and the Prophets."

When I decided to put all of God's word as the first love of my life, and then love all my neighbors as I knew Christ wanted me to love them, I lost the chip on my shoulder about being black, or being an anti-establishment hippie, or a self-righteous advocate for social justice. Seeing ourselves as Christ sees us, which is as "sinners who either are, or need to be, saved by grace" levels the playing field for all human beings, and helps us see ourselves as falling short of God's goal as stated in Romans 3:23. I see also how each of us is a "whosoever" who can repent and enter into a relationship with a loving and just God, as stated in John 3:16. (Murdering someone does not leave them any opportunity to repent. Murdering is the ultimate manifestation of putting yourself in the place of God, who is the author of life and the One whom all who die will stand before to give an account.)

Entering into discipleship under Christ is to hear His call for us to die to self. John 12: 24 says, "I assure you: Unless a grain of wheat falls to the ground and dies, it remains by itself. But if it dies, it produces a large crop. Putting Christ first helped to liberate me from being controlled by the past, where I was taught to see myself primarily as the member of an ethnicity, above seeing myself as an individual for whom Christ died and for whom Christ's resurrection symbolizes how we can be liberated into a Biblical lifestyle.

Putting Christ first, by funneling all ideas through His word, also made me less vulnerable to be manipulated by politically correct and popular concepts that seem positive, like those presented under the umbrella of "social justice," but which 2 Tim 3:5 tells us is deceptive, "having the appearance of godliness, but denying its power. Avoid such people."

We are told to avoid such people, because the Bible says "by their fruit you shall know them" (Matt 7:16 & 20), and Amos 3:3 says, Can two walk together, except they are agreed? 1 Corinthians 15:33 says, "Do not be deceived: "Bad company corrupts good morals."

While those talking social justice want us to think we all are on the same path, just look at their websites and their mission statements to see that they diametrically are opposed to Christ's Great Commission and how America's Founding Fathers applied Biblical values to civic life. They deny that our unalienable rights are expressed through the 10 Commandments. The ultimate goal and fruit of the social justice crowd is to get us to buy in to seeing ourselves primarily as something other than Christ's disciples. Eating their fruit entraps us in irreconcilable ethnic differences that only can be righted by carnal responses of hatred toward other races.

The fruit is what we see happening in the shooting of people merely because they are a member of another race, whom God has placed on His earth. Thiers contains little or no talk of obeying God's Commandments. Such poisonous fruit is impossible for the American body-politic to digest. We who claim to be called by God's name (2 Chronicles 7:14) need to repent and overcome the lie of "separation of church and state," which leaves the American people without the medicine of the application of the Gospel in our civic affairs. Without that balm of Gilead (Jer. 8:22, & 46:11), our weakening body known as America may soon become too sick to recover.

Let's keep in mind, Moses' wife was swarthy! Rehab, Ruth and Tamar were not ethnic Jews and were grafted into the bloodline of Christ!

## Bastille Day \* July 14

The Bastile - This ancient prison was of little concern to the populace of Paris in 1789. It had originally been a place of incarceration, not for ordinary people like themselves but for prisoners of high rank. It had now fallen largely into disuse even for that purpose. The dungeons had been unoccupied for a quarter of a century. The rooms that were still used, for prisoners of any kind, were comfortably furnished and the food was "excellent and plentiful." And Louis XVI was already planning to tear down the old prison and replace it with a public square.

But the conspirators needed some way to dramatize and stimulate the spirit of revolt with which they were trying to imbue all of France, or. more accurately, with which they were pretending the people of France were already imbued. (At least some of the leaders among these conspirators belonged to the sect of the Illuminati. We refer to them today, and to all others like them of the past or the present, as the Insiders, in order to allow for the changes and accretions in the ruling inner circle during the past two hundred years, and to make our term more comprehensive and more accurate by not being any more specific than our knowledge can justify.)

It took tremendous effort and expense, and a lot of cunning and planning, on the part of these *Insiders*. to foment the march of a huge mob on the Bastille and make its capture look like the spontaneous action of, an outraged people. The purpose for which most of this mob actually converged on the Bastille was to get arms, which the conspirators had convinced them they could seize there and which they needed because of other disorders throughout the city that had been plotted and instigated by these same conspirators. A much smaller crowd. already armed and led by revolutionaries, arrived on the scene after the big mob had assembled, We'll not go





into all of the acts of arson, trickery, and provocation practiced by this armed corps on a humanitarian governor, who was simply trying to save lives and still do his duty, before the point was reached when the now thoroughly excited mob attained entrance to and stormed through the castle, But that most ardent of revolutionaries, Jean Paul Marat, is himself the authority for this statement of what really happened.

"The Bastille," he wrote, "ill defended, was taken by a few soldiers and a troop of wretches, mostly Germans and also provincials." He went on to say that the Parisian mob appeared there out of curiosity "to visit the dark dungeons, of which the mere idea froze them with terror." The point is that paid outside thugs and professional revolutionaries had to be brought in -- even from another country —to give this supposedly spontaneous uprising of the people of Paris any core of substance whatsoever.

As to the horribly mistreated prisoners, the mob found but seven inmates altogether in the whole Bastille, all living quite comfortably. Four were forgers, two were lunatics who had been mad before they were imprisoned, and one was a Count who had been incarcerated for "monstrous crimes" at the request of his

family. In the chaos and confusion the four forgers simply disappeared. The two lunatics eventually wound up in the asylum at Charenton. And the Count was returned to his disappointed relatives. The mob found no captives in chains, no skeletons nor corpses, no torture chambers, and none of the horrors it had been led to expect. The terror and the horror were only those perpetrated on the guards by the mob itself, after it had been sufficiently excited and urged on by the professionals planted within it.

This is the greatly softened and far too briefly told but true story of the siege and fall of the Bastille. Yet that event not only helped the conspirators to bring on the destruction of the French monarchy and the reign of terror which followed, but it has been made by the Insiders to serve their long-range ideological needs and propaganda purposes ever since. It has been glorified to this day, in our history books and in our literature, as a great noble act of the people in search of liberty. So powerful and pervasive has been the continuing influence of revolutionary leaders -- and their invisible control over the minds of the people -- that its date, July 14, is still honored as the national holiday of France.★

Robert Welch - More Stately Mansions (1964)

## CABIN \* INSPECTIONS

#### **Hebron A**

We found the drum very inspirational and spent way too much marching in formation through the bunks to the patriotic tune emitting from your fabulous electronically waving flag. We ended with a salute to Captain America's Great Grandfather. He's looking pretty good for 167! We liked the T-shirt with the Preamble Sharpied onto the back. We're looking forward to reading the rest of it though. Do you plan on finishing it? The suspense is killing us. Ensure what?? We liked the Declaration of Liberty banner. Nice touch. The Chips Ahoy cookies with mini Snickers look wonderful on our waist line. Thanks! (7 points)

#### **Hebron B**

The amazing "I Heart the USA" candy mosaic was true Cabin Inspector Nirvana. One of the inspectors, not known for his self-control around Reeses Cups made quite a scene. The newly launched "Floor of Shame" showed great creativity with duct tape. Forming letters with customized shreds of duct tape yet maintaining a fine Calibri font is impressive indeed! Hillary, Obama and Bruce Jenner will probably be proud to know they made the first cut. Looking forward to see who makes the list tomorrow! (8 points)

#### **Bethel 4**

We don't need a warrant when we hear all that candy calling us. It completely negates your 4th Amendment. Your Snickers flag is much smaller now — which states have seceded? The chain links in the window are a nice touch. And yes, the Inspectors are awsome, and we're Awesome too, because we can spell. You should try it sometime. Either that or get a Sharpie with spell check. (8 points)

#### Bethel 5

We suspected there is a cabin behind the glorious facade, but it took us a while to find the doorknob. We were worried you'd run out of wall space, but you took care of that when you moved into the hallway. Way to adapt! One of the esteemed inspectors appreciated seeing his quotes on the wall, and knowing that someone is actually listening to him. Something that never happens at home. Dr. Conservaseusse's complete poem: I do not like this Uncle Sam, I do not like his health care scam, I do not like these dirty crooks, or how they lie and cook the books. I do not like when Congress steals, I do not like their secret deals, I do not like this spending spree, I'm smart I know that nothing's free. I do not like his smug replies when we complain about his lies, I do not like this kind of hope, I do not like it, nope, nope, nope! (9 points)

#### Bethel 6

"We hold these truths to be self evident that all men are created equal. But women are better." This created a heated debate among inspectors, possibly along gender lines. The debate did end abruptly though. Did you ever get that look? Guys, you know what we're talking about. Re-reading the Declaration of Independence and we couldn't locate exact quote. Please provide backup. A little more inspired effort is needed to bring that score up. It's not too late!! (7 points)

#### Bethel 7

Your chocolate-loving duck wasn't about to give up the Milky Ways. She guarded them like they were her own eggs. We never realized how sharp a squishy pink rubber bill can be! Your minimalist Zen approach to décor is lovely but might be holding you back. The Patrick Henry quote is a good start. Your minimalist cabin is earning you a minimalist write-up. That is all. (7 points)

#### Bethel 10

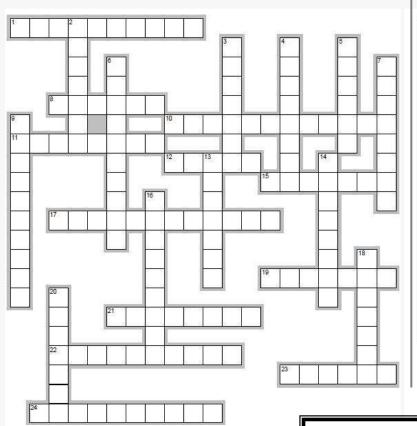
The patriotic pony beat the other horse to Camp Constitution. No, you're not allowed to bring the real one into your cabin, no matter how much your stuffed pony wants a friend. The gummy bear-like decorations on the window look and feel like real gummy bears, but taste and chewiness fall significantly short of the real thing. Take our word for it! We enjoyed your Rules of the Tavern, but we were fresh out of pences, and would really like to know what you have against razor grinders and tinkers?? Some of our best friends are razor grinders and tinkers. As for organ grinders, we'd make them sleep in the wash house too – why would anyone want to grind up organs?? Yuck. Your National Anthem recording was wonderful! A very, nice surprise. We left you a message of our appreciation - we hope you enjoyed it. It's programmed to mercifully self destruct after 3 plays. The Moral American speaker was again getting teary eyed after realizing he was quoted on your wall. ! (8 points)

★ 2016 PIZZA PARTY RACE ★								
Standings	М	T	W	Thu	F	S	News	Total
Hebron A	6	7	7	7				27
Hebron B	5	6	7	8				26
Bethel 4	7	7	7	8				29
Bethel 5	7	8	8	9				32
Bethel 6	6	7	7	7				27
Bethel 7	6	7	7	7				27
Bethel 10	6	7	7	8				28

## PUZZLES ★ GAMES ★ QUOTES

#### STATE CAPITOLS \* CROSSWORD

#### MINUTEMAN \* MAZE





Minuteman

#### ACROSS:

- 1. West Virginia
- 8. South Dakota
- 10. Oklahoma
- 11. Virginia
- 12. Oregon
- 15. Wisconsin
- 17. Utah
- 19. New Hampshire
- 21. Ohio
- 22. Vermont
- 23. New York
- 24. Pennsylvania
- DOWN:
- 2. North Carolina
- 3. New Mexico

#### 4. South Carolina

- 5. Texas
- 6. Nevada
- 7. Wyoming
- 9. Rhode Island
- 13. Nebraska
- 14. North Dakota
- 16. Tennessee
- 18. New Jersey
- 20. Washington

Social Media is no replacement for a good old fashioned handshake.

#### UNSCRAMBLE \* SOCIAL MEDIA

- **IWETTRT OBECFAOK** NIIDNELK 3. ELOG+GO 4. **IDSQSU**
- UTRBML **ESTNTPIRE**
- 8. UBOUFTY **NAMTAIGRS** 9.
- 10. **TPMEUE**

#### SOLUTIONS \* YESTERDAY'S PUZZLES

#### RIDDLE ★ ME ★ THIS

- 1. Rain
- 2. A candle
- 3. If you answered Nunu, you are wrong. It's Mary!
- 4. It can have a hole in it.
- 5. There weren't any stairs, it was a one story house!
- 6. The doctor is his mom!
- 7. An umbrella!
- Smiles, because there is a mile between each 's' 8.
- 9. A fire!
- 10. Corn on the cob, because you throw away the husk, cook and eat the kernels, and throw away the cob.

- 11. Short
- 12. A stamp!
- The letter M
- 14. Mississippi
- 15. A Secret.
- **16. EMPTY**
- 17. A clock
- 18. A cold.
- 19. The house is on the north pole, so the bear is white.
- 20. The letter W!

#### REBUS ★ PICTOGRAMS

Breakfast	First aid		
Forgotten heroes	Get up and go		
No one to blame	Crossbreed		
Fair and square	Moral support		
Circle of friends	Half-hearted		
Iron curtain	Down-right stupid		

"A well regulated militia, composed of the body of the people, trained in arms, is the best most natural defense of a free country."

--- James Madison★

## Doctor Long's "IF" Kit (by Mr. Affleck)

The "IF" kit stands for "Interested Father". An IF kit consists of 6 essential items, all of which should be American made as opposed to EAJ (East Asian Junk).

- 1. SAK Swiss Army Knife
- 4. Photon 2 (not a photon 3) micro light.
- 2. Sterling Knife Sharpener
- 5. Compass
- 3. Fox 40 Pea-less Whistle
- 6. Doan Firestarter Magnesium Bar

Junior Patriot Camper Jaiden Navarijo successfully started his first fire today under the supervision of Dr. Long using the Doan Magnesium Bar. Numbers 1, 2 and 6 above require supervision and training to cultivate the "IF" skills.

#### The Female of the Species - By Rudyard Kipling

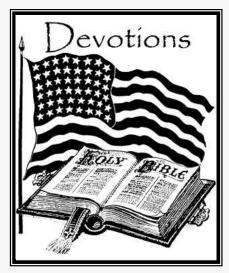
And Man knows it! Knows, moreover, that the Woman that God gave him Must command but may not govern—shall enthral but not enslave him. And She knows, because She warns him, and Her instincts never fail, That the Female of Her Species is more deadly than the Male.



The Junior Patriot campers managed to get their art work completed before the cloud burst washed away their magnificent flag. The white stripes and stars are flour instead of chalk because the white chalk does not work well on the tarmac. Mr. Kalis, Mrs. Shurtleff and Mrs. Craft supervised this year's efforts. The pride in having completed the project was evident in the faces of our youth: Gus, Angelique, Emily, Kharis, Cailtin, Isabella and Jordan. It appears as though they even out performed last year's inaugural project.

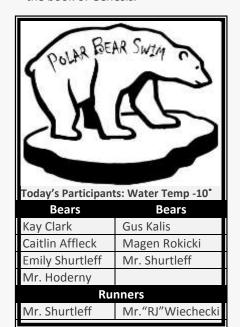
#### Free Time Activities by Kay Clark

Katie & Kristen Peik stopped by Camp Constitution and brought along their horse Bella. They were kind enough to demonstrate to the campers how to tend to a horse. In the meantime, a very entertaining volleyball match ensued. Another faction of campers joined Dr. Long for a supervised air gun safety lesson and demonstration / practice session.



#### **Morning Flag Ceremony**

Jordan Britt and Chris Taylor handled the flag this morning. Dominic Girard handled grace and the scripture reading from the book of Genesis. ★



#### **Kay Clark**

This morning the weather was perfect for a "polar plunge". The water itself was a great temperature as witnessed by all those greatly relived participants. A wonderful way to start a fine day at Camp Constitution.

#### **Tomorrow's Schedule**

#### **★** Camp Constitution Schedule ★ Required When What Where Lake Front / Trail 6:30AM Polar Bear Swim / Morning Run 7:00AM Wake Up !!! Last Call ✗ Flag Raising: Devotions & Announcements Flag Pole 7:50AM 8:00AM \* Breakfast Hebron: Porch for Grace 8:30AM Staff Meeting (Students Cabin Prep) Hebron II x Class 1: (ALL) The Bill of Rights - Mr. Thomas Moor 9:00AM Short-Break 10:00AM x Class 2: (ALL) Treaties & The Supremacy Clause - Mr. Mark Affleck Short-Break x Class 3: (REG) Monumental - Rev. Craft 11:00AM Class 3: (ADV) The State Against Medicine: "The Dr. Kishore Story" - Dr. Kishore Short-Break × Lunch 12:00PM Hebron: Porch for Grace LAKEFRONT USE REQUIRES 1:00PM LIFEGUARD Free Time Recreation Time - Mr Kalis 5:30PM Hebron: Porch for Grace 6:30PM x Class 4: (ALL) Global Warming: Fact or Fiction - Mr. Ron Peik 7:20PM ✗ Flag Lowering 7:45PM x Class 5: (ALL) Exit Quiz - Mrs. Ruth Harper, Mr. Norman Tregenza & Staff 8:35PM Break Campfire(Flashlight & Songbook) 9:00PM Fire Pit 10:00PM Break 10:30PM × Report to Cabin Assigned Cabin 11:00PM × Lights Out Good Night **★ Friday, July 15, 2016 ★**

<b>★</b> C	amp	<b>Constitution Jr. Patriot</b>	Schedule *			
Start	End	Program	Where/Notes			
6:30 AM	7:00 AM	Polar Bear Swim / Morning Run				
7:00 AM	7:50 AM	Wake Up !!! Last Call				
7:50 AM	8:00 AM	Flag Raising: Devotions & Announcements	5			
8:00 AM	9:00 AM	Breakfast				
9:00 AM	9:25 AM	Morning Prayer & Song With Earl Wallace				
9:40 AM	10:15 AM	Our Great Republic vs Democracy - Mrs. Craft				
10:15 AM	10:30 AM	AM Snack				
10:30 PM	11:20 AM	Redistribution Of Wealth - Mrs. Craft				
11:20 AM	11:40 AM	Founder's Faith & Freedom Part II - Mr Vito Vileni	skis			
11:40 AM	12:00 PM	Related Activity				
12:00 PM	1:00 PM	Lunch	Hebron: Porch for Grace			
1:00PM	5:30PM	Recreation Time - Mr. Kalis				
3:00 PM	3:30 PM	Red, White & Blue Craft - Mrs Shurtleff				
6:30 PM	7:05 PM	Self Defense - Julian Kalis				
9:00PM	10:00PM	Campfire(Flashlight & Songbook)	Fire Pit			
★ Friday, July 15, 2016★						